



Canadian Palliative Care
Nursing Association

Association Canadienne des
Soins Infirmiers Palliatifs

Navigating Palliative Care: a **FREE** 4 Part Webinar Series for Nurses

General Learning Objectives

- Understand the Core Principles of Palliative Care
- Embrace the Nurse's Role in Advocacy for Palliative and End of Life Care
- Enhance Clinical Competence in Symptom Management
- Identify and Address Barriers to Quality Palliative Care

About CPCNA

Established in January 2021, the Canadian Palliative Care Nursing Association (CPCNA), represents nurses from across Canada who integrate or specialize in providing palliative care for people with serious illness and for their families.

To learn more, or to become a member visit [our website](https://www.cpcna.ca).



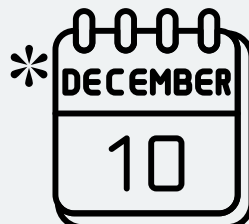
Nurses as Advocates: A Holistic Approach to Palliative Care



Mastering Opioid Use in Pain Management: A Nurse's Role



Breathing Better: Managing Dyspnea & Respiratory Distress



Caring for the Dying: Essential Insights in the Last Days of Life

*** Webinars via Zoom
5 pm EST**

**Open to CPCNA Member & Non-Members
To register visit www.cpcna.ca**

Register early as places are limited





**CPCNA
ACSIP**

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Nurses as Advocates: A Holistic Approach to Palliative Care

Learning objectives:

- Define palliative care and learn to identify patients who could benefit from a palliative approach
- Identify barriers to access and ways to navigate them
- Understand the nursing specific role as it relates to patient advocacy



Mastering Opioid Use in Pain Management: A Nurse's Role

Learning objectives:

- Define pain, and the various types of pain
- Identify barriers to optimal pain management and explore ways to mitigate these
- Review opioid initiation, dose adjustment, opioid rotation
- Review common medication side effects; discuss neurotoxicity versus overdose
- Dispel myths and misconceptions related to opioid use



Breathing Better: Managing Dyspnea & Respiratory Distress

Learning objectives:

- Define dyspnea and review assessment (PQRSTU)
- Review non-pharmacological interventions & pharmacological interventions
- Differentiate distress and dyspnea



Caring for the Dying: Essential Insights in the Last Days of Life

Learning objectives:

- Review the normal dying process
- Discuss medication adjustment in the last days of life
- Explore common features of the last hours of life, and the nurse's role during this time
- Learn ways to support families during the end of life phase





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Developed and offered by:

Marie-Laurence Fortin M.Sc.N, CHPCN(C) has over 22 years of experience in palliative care, including 10 years as the Conseillère Cadre in palliative care for the Integrated Health and Social Services University Network for West-Central Montreal. Prior to this she worked as a nurse clinician on the palliative care unit and became the first Clinical Nurse Specialist in palliative care at the Jewish General Hospital in 2008. Marie-Laurence holds a Master's Degree in Nursing from the University of Montreal, where she studied the experience of nurses caring for dying patients in acute care units.

Marie-Laurence has contributed to the development of palliative care training programs for healthcare providers across her entire health care organization, with a special emphasis on non-palliative care environments. She has successfully supported interdisciplinary teams in addressing end-of-life care challenges, and has mentored and supervised both graduate and undergraduate nursing students.



Webinars will be offered in English. Attendees will have the opportunity to ask their questions in English or French.

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