

The Lifetime Achievement Award is to honour a palliative care nurse and/or nurse practitioner, who is member of the Canadian Palliative Care Nursing Association (CPCNA), has made outstanding contributions to palliative care, palliative care nursing and the CPCNA (and/or the CHPCNG) over the course of their nursing career.

The Canadian Palliative Care Nursing Association Board of Directors is pleased to announce Julia Johnston RN-EC, BScN, MN, NP CHPCN(C) from Ontario as the **recipient of the Lifetime Achievement Award**! Julia has been a nurse, educator, researcher, advocate, leader, consultant and nurse practitioner who has contributed to the growth and development of Hospice and Palliative care capacity building and who was a pioneer for the development of hospice palliative care nursing and palliative nurse practitioners in Ontario and across Canada.

Julia Johnston was a registered nurse (RN) for 14 years in areas of oncology, medicine and intensive care. Her practice included education, programme planning, management and exemplified leadership through continual participation in committees and policy change/building. Julia Johnston has been recognized for her compassionate work with vulnerable patient populations. She worked to develop hospice and palliative care (HPC) norms and standards of practice that are now used worldwide. She also contributed to all aspects of the Canadian Nursing Association Hospice Palliative Care Certification. Julia's tireless efforts to set the foundations of the palliative care nurse practitioner program have been among her greatest achievements as it resulted in more primary care and speciality care providers and teams becoming competent in palliative care. As the first person in Ontario to achieve the NP in Palliative Care designation, she has been integral in pioneering the increase of palliative care nurse practitioners. She implemented changes through work with many organizations including CPCNA, previously CHPCNG where she contributed as Secretary/ Treasurer, President, Past President and Advisor.

A large portion of her career as a Nurse practitioner with Trillium Health Partners in Mississauga Ontario, Julia co-facilitated the development of the community Hospice Palliative Care Program, lead the development of palliative care nursing program in accordance with CNO practice and was, again, a member of performance and quality committees. Her innovative spirit led increased capacity for primary care practitioners and nurses in the community through the 'shared care' model.

Julia's career exemplifies excellence in care, collaboration, compassion, fearlessness and innovation. She is inspiring and renowned as an extremely knowledgeable and encouraging mentor and leader. Her perseverance and clear vision reflect what one person can do to change the world of healthcare. Julia is a long-time member on the Board for CHPCNG and an integral member in the transition to developing CPCNA. Her leadership in promoting palliative care nationally and internationally overtime the life of her profession is another reason she is a worthy recipient of this award. We are honoured to be able to present Julia Johnston with this prestigious recognition of which she is so deserving; a woman who exemplifies the principles of CPCNA and has helped us all Live Well, Die Well and Nurse Well.

